

“““

Perhaps the single most important thing that parents can do to help their children with maths is to pass on a positive attitude.

Tanya Byron, clinical psychologist, professor in public understanding of science, writer, broadcaster.



%

+

Help your child feel happy about maths.
Visit nparenttoolkit.org.uk



ParentToolkit

The Parent Toolkit is provided by National Numeracy, an independent charity that works to improve numeracy, or 'everyday maths', in adults and children in the UK.

N National Numeracy



ParentToolkit



Ages 11-16
A parent's
guide to:

Helping children
and teenagers with
everyday maths

nparenttoolkit.org.uk

N National Numeracy

Everyone can learn the maths needed for everyday life.

Your daughter or son will need to use maths throughout their lives – at work and at home too.

It may seem harder to support them with maths when they reach secondary school. But however you feel about maths, there are things you can do that will help.

TOP TIPS

- 1. Be positive.** Don't say things like 'I can't do maths' – this may lead some children and young adults to feel this way this too.
- 2. Praise effort** – this shows that by working hard they can always improve.
- 3. Talk** about the maths in everyday life, what maths have you/they used today?

Visit nparenttoolkit.org.uk for ideas for bringing out the maths in everyday life.*



* Includes advice for all parents, and activities for children up to 13. More content to be added soon.

Everyday maths

Do everyday maths activities together

Activities to do together.

Personal finance

Look together for the best phone contracts/pay as you go plans. When shopping, encourage them to use their student discount card.

Social media

Can they work out the reach of their posts? How does this affect the decisions they make about their privacy settings?

Travel

Discuss journey planning including costs – how much petrol will you need? How can you get the best deal on train/bus tickets?

nparenttoolkit.org.uk