







FRESH SEASONAL
VEGETABLES
AVAILABLE DAILY

YOUR MENU

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S <i>special</i>	Vegetable Chilli & Rice 	Roasted Vegetable Lasagne 	Quorn Roast with Roast Potatoes & Gravy 	Macaroni Cheese with Garlic Bread 	Cheddar Cheese & Red Onion Quiche with Chips 
	Pork Sausages in a Roll with Wedges	Chicken Jalfrezi & Rice	Roast Turkey with Roast Potatoes & Gravy	Beef & Onion Pie with Mash	Chicken with Chips & Ketchup
	TOP DOG	SUB CLUB	SUPER BOWL	WRAPTASTIC	WEDGES RELOADED
	Quorn Frank & Tomato Salsa	Sweet Chilli Tuna Melt	Chinese Chicken Rice Bowl	Mediterranean Vegetable	Boston Bacon with Beans & Fries
JUST DESSERTS	Apple Crumble with Custard	Forest Fruit Muffin	Chocolate Brownie	Lemon Drizzle Cake	Pineapple Upside Down Sponge



Plant Based (Vegan Friendly)







Vegetarian

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WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S <i>special</i>	Quorn Burger in a Bun 	Tomato, Lentil & Bean Pasta Bake 	Butternut, Butterbean & Vegetable Curry with Rice 	Chickpea & Sweet Potato Shakshuka with Rice 	Quorn Nuggets with Chips & Ketchup 
	Beef Meatballs in Tomato Sauce with Penne Pasta	Korean BBQ Chicken with Rice	Roast Beef with Roast Potatoes & Gravy	Pulled Pork with Herb Wedges & Slaw	Chicken and Chips Ketchup
	SUPER BOWL	WRAPTASTIC	TOP DOG	SUB CLUB	WEDGES RELOADED
	Indian Chicken Rice Bowl	Falafel & Tzatziki	Quorn Frank & Sweet Chilli	Greek Chicken Meatball Sub	Vegetable Chilli with Fries
JUST DESSERTS	Pear & Berry Crumble with Custard	Marble Sponge	Oat Dream Cookie	Chocolate Muffin	Apple & Banana Cake



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CHEF'S <i>special</i>	Vegetable & Chickpea Jambalaya 	Chickpea & Vegetable Tagine with Lemon Couscous 	Roasted Soya Strips with Roast Potatoes & Gravy 	Vegetable & Lentil Bolognese with Penne Pasta 	Tarka Dhal with Rice 
	Beef Burger in a Bun with Wedges	Beef Lasagne with Garlic Bread	Roast Pork with Roast Potatoes & Gravy	Southern Coated Crispy Chicken with Savoury Rice	Chicken and chips Ketchup
	SUB CLUB	TOP DOG	SUPER BOWL	WEDGES RELOADED	WRAPTASTIC
	Indian Falafel Sub	Quorn Frank with Cajun Mayo	Vegetable Black Bean Rice Bowl	Korean BBQ	Chicken Meatball & Tzatziki
JUST DESSERTS	Carrot Cake	Chocolate Cracknell	Fruity Flapjack	Pear & Chocolate Sponge	Eve's Pudding



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