



Clacton County High School Weekly News

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[The CCHS Blog](#)

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Song Writing Workshop – Nurturing the next Adele or Ed Sheeran

This week our Music Department welcomed Hannah Jane Lewis, an up and coming song writer who is signed to Polydor Records, into school for a bespoke song writing session. Forty music students from Years 9, 10 and 12 were tasked with writing a collaborative pop song in a day, under the guidance of Hannah, in our first joint CCHS and Sigma Sixth workshop.



Working in groups of four they worked together to write lyrics, work out melodies and construct an original song. It was fantastic to see our sixth formers, who came over from Sigma Sixth for the day, inspiring our younger music students as well as leading their song writing teams throughout this process.



The day concluded with a performance of each song in front of a number of Year 8 music classes. The talent on show was outstanding with a number of songs being recommend by Hannah as potential hits and worthy of being recorded for release. It was also fantastic that so many students accompanied their composition by playing their own instruments. The day concluded with a performance of Hannah's new song 'The Long Drive Home' – sung for the very first time to our budding song writers.



Students are encouraged to use the music practice rooms during break, lunch and afterschool; the department is open until 5pm each day, providing free rehearsal rooms exclusive to our students.

Girls on the Road to Wembley

Last week our Year 8 girls represented CCHS at the Utilita U13 Girls Football tournament at Colchester United's Community training ground. The Utilita Girls Cup is a national tournament for junior footballers, delivered by England Football League Clubs and their Club Community Outreach programmes, ultimately offering a once in a lifetime opportunity to play at Wembley Stadium. The eight teams, from secondary schools across Tendring and Colchester, had their sight set on making it through to the regional final and potentially playing at Wembley in the national final.

Having made it through to the semi-finals they were drawn against Stanway, who they had lost against in the earlier rounds. A change in tactics saw the girls defend hard and attack when an opportunity allowed; a single goal put CCHS through to the finals where they faced Tendring Technology College, the tournament favourites. After a fantastic competitive game, the scores remained level and our team were ecstatic to then win the penalty shoot-out that followed. The team have been in action today, representing Colchester United, in full Colchester United kit, at the regional final. They faced the winners from the other England Football League club winners from across East Anglia, and if successful, will get to play in the national final at Wembley. See next week's newsletter to see how they got on!



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Sigma Sixth Charity Event



Just before the Christmas holiday, our sixth form students enjoyed a festive fundraising event in aid of Age UK, organised by the Sixth Form Social committee.



During one lunchbreak, they had the opportunity to play a variety of games; including Hook a Duck, Hoopla and a penalty shootout against Sixth Form Pastoral Leader, Mr Crabb, plus the most popular stall – 'Pie Face' with Mrs McKarry. Well done to all who took part, helping raise £109 for Age UK.

The CCHS 'Word of the Week'

In the Weekly News every Friday, we are publishing the featured word for the following week, its definition, origins and an example of its use in a sentence.



Word of the Week

[Click here for details about the CCHS 'Word of the Week' initiative.](#)

Next week's 'Word of the Week' is **Courage**

Pronunciation: CUH-RIDGE

Meaning: bravery

Etymology: from the Latin 'cor', meaning 'heart'

In Use: 'Standing up to bullies shows great courage'.

Non-Uniform Collection for Charity

The last day of every term at CCHS is always designated as a non-uniform day in aid of charity, and at the end of the autumn term it also doubles as our own CCHS Christmas Jumper Day. Our charity collection on the last day of the autumn term raised almost £300 for Great Ormond Street Hospital. Many thanks to all those who contributed to the collection.



Interform Indoor Football

Over the past couple of weeks our Year 7 and Year 8 form groups have been competing to gain more points in their respective Interform competitions. These were the first competitions to take place in our new Sports Hall and the students revelled in being able to use the new facilities.



The Year 7 competition took place last week with four forms fielding a team; a number of additional players, from those forms who were unable to field a team, helped bolster the numbers in the competing forms.



Well done to **7x6** (Mrs Nundy's form) who were crowned the eventual winners, followed by **7x1** (Miss Highfield's form) in second, **7x5** (Mr Townsend's form) in third and **7x3** (Mr Manning's form) in fourth.



This week it was the turn of Year 8 and over forty keen footballers, representing seven of the eleven form groups, assembled for their tournament in the Sports Hall.



Again, a fantastic competitive tournament ensued with some great play and support from the teams watching during their breaks. Congratulations to joint winners **8y1** (Mr Hodgson's form) & **8x5** (Miss Levine's form), along with **8y4** (Miss Harvey's form) in 3rd place.



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