



Clacton County High School Sigma Sixth Tending Weekly News



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[Sigma Sixth](#)

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[Link to Weekly Notices](#)

Year 13 Say Goodbye to Sigma Sixth

Last week, our Year 13 students enjoyed a get together for a special Year 13 Leavers' Pizza Party. They are the third cohort to graduate from our Sigma Sixth College, which opened its doors in September 2020. The celebration was 'rounded off' with their final assembly, including some fun awards recognising just a few of their highlights during their time in our sixth form. We wish them good luck and every success in the future.



A Cricket Tournament with a Difference



A number of our Year 7 girls recently took part in a special Beach Cricket tournament organised by Essex County Cricket Club's Outreach team. Our girls' cricket team took on opponents from Colne Community School, Tending Technology College and Clacton Coastal Academy in a friendly tournament on the sands at Martello Bay.



They had a great day, learning new skills and expanding their knowledge of the game, with the added challenges of playing cricket in the sand!

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Year 11 vs Staff – a Festival of Sport

It was fantastic to be able to give our Year 11 sports men and women a great send-off during their last week at CCHS. In the past, Year 11 footballers have always looked forward to testing themselves against the CCHS staff team but this year the Year 11 netballers were also offered the opportunity to challenge the staff to a game (or two!)

The turn-out of both students and staff meant that the usual single football match turned into a couple of mini-tournaments with two staff and two student teams competing for the glory on both the football field and netball courts. The atmosphere was fantastic with every team wanting the glory of claiming that they had triumphed over the other! Overall the two Year 11 football teams won both of their games, with the staff winning the netball.



Forensic Science Experience Day



A number of Year 9 students recently spent a day looking at real life crime. A former police detective led them through the science of forensics and how evidence is collected and analysed. The students had a great day learning how science is used in the real world and how suspects are convicted through the evidence presented by forensic scientists. The special Crime and Investigation Skills day entitled "From Crime Scene to Courtroom" was based on a real murder investigation and the pupils actively took part in all aspects of the investigation. This included the 'examination' of a mock murder scene, how fingerprints are recorded and, following a day packed full of information, concluded with a mock court trial. Students acted as judge, members of the jury, case detectives and defence barristers; all led by the former detective as the prosecution. Not only did the day provide the pupils with a fun and engaging experience, it provided them with a range of opportunities for potential career choices and a rare insight into a real detective's work-life experiences.



Boxing Intervention is a Resounding Success

A number of weeks ago we featured the boxing intervention programme that a number of our Year 8 students that have been engaging in. Last week, after the conclusion of the boxing and group mentoring sessions, the budding boxers enjoyed a special afternoon at the local Seconds Out boxing centre. Project leader, Tom Paget, put the boys through their paces with a final training session before presenting them with their course certificates.



The intervention has given the boys an outlet to help them develop their behavioural and emotional regulation, along with targeted mentoring. It has been amazing to see them develop each week and ultimately enjoy themselves, whilst learning key skills for the future through the discipline of boxing. We hope that the boys will continue their boxing journeys with one of the local gyms. Next year we are expanding the programme to allow even more of our students to benefit from this unique project

The CCHS Summer Musical 2024 - Thursday 11th to Saturday 13th July



After the success of last year's CCHS Musical, 'Evita', we are delighted that this year's summer production 'Billy Elliot – The Musical' takes to the school stage in July. The life of 11-year-old Billy Elliot, a coal miner's son in Northern England, is forever changed one day when he stumbles upon a ballet class during his weekly boxing lesson. Before long, he finds himself, demonstrating the kind of raw talent seldom seen by the dance class' exacting instructor,

Mrs Wilkinson, whose zest for teaching is revived when she sees Billy's potential.

'Billy Elliot – The Musical' opens on the 11th July with shows nightly at 7pm, with an additional matinee performance on Saturday 13th July at 2pm. [Tickets are available on-line, priced £10 each](#)



Clacton County High School
Summer Musical - 11th to 13th July
Thursday - Friday - Saturday @ 7.00pm
Saturday Matinee @ 2.00pm
Tickets £10
Available from countyhigh.org.uk

Important Water Safety Message – Drowning Prevention Week

Last week was 'Drowning Prevention Week', the annual National Water Safety Awareness campaign, promoted by the Royal Life Saving Society. Their aim is to reduce the number of drowning and near drowning incidences that occur in the UK every year by showing people how to be safe near water. In the UK accidental drowning causes more than 400 deaths every year and many more lives are affected by near drowning. Drowning is the third highest cause of death in children and teenagers and claims the lives of nearly half-a-million people worldwide each year. Knowing how to stay safe when you are on, in or near water, is extremely important, especially as we live on the coast. Every year the Coastguard, the Lifeboat, and the local Beach Patrol, deal with numerous incidents, which could have easily been avoided, had those involved known how to stay safe around water.



Remembering some basic tips can ensure you, your family and the people around you, are kept safe near water this summer:

- If you find yourself struggling in the water unexpectedly, your instincts tell you to swim hard. But cold-water shock could make you gasp uncontrollably and breathe in water – Instead 'Float to Live'.
Tilt your head back with ears submerged; Relax and try to breathe normally; Move your hands to help you stay afloat; It's OK if your legs sink, we all float differently; Spread your arms and legs to improve stability
- Don't use inflatable toys or boats on open water unless they are tethered with a rope to the bank or beach.
- Don't PLAY on or SWIM around breakwaters or the rock 'fish-tail' sea defences on Clacton beach. These are usually covered in slippery seaweed and strong currents around such structures, can easily pull even strong swimmers underwater.
- Children and adults need to know not to enter the water if someone else is in danger. Throwing a buoyant aid, using a stick, a piece of clothing or whatever is at hand is the safest way to help rescue a conscious person.
- If you see someone in trouble, stay calm and try shouting for help. If no one comes and you cannot reach the person, call the emergency services.

Celebrating Student Success

Attendance Weekly Golden Ticket Awards

100% Attendance prize draw - one student from each form group wins their form's 'Golden Attendance Ticket', allowing them to skip to the front of the Clouds food servery queue on a day of their choice.

Congratulations to.....



Year 7

Abigail Bird, Darcy Jerram, Edie Joshua, Evelyn King, Dulcie-Mae Miller, Claudia Millis, Isabela Mills, Dougie Right-Sheehan, Darcie Saunders, Alfie Smith, Henry Smith and Ethan Wilson



Year 8

Riley Anderson, Logan Bennett, Archie Chaney, Caitlin Clarke, Thomas Gandy, Ryan Harshorne, Demi Lee, Amelia Lincoln, Shaan Shyjith, Violet Smith Daye, Niamh Tracey and Jack White



Year 9

Chloe Abraham, Christiana Doe, Harrison Ellwood, Ruby Gittings, Ronnie Haynes, Lily Langridge, Callum O'Connor, Jesse Ose, Albert Rabvukwa, Charlotte Revell and Jack Swinbourne



Year 10

Bobbi-Leigh Bates, Charlie Hilson, Kayleigh Howe, Vontai Lashai Luna, Summer Moore, Lucy Pickard, Harry Prentice, Evie Sines, Freja Turner-Butler, Harrison Webb and Oscar Wrigley

Weekly Proud Awards

The top students in each year group who attained the most PROUD+ points last week and also had 100% attendance (listed alphabetically) – Each year group winner collects the top prize of an amazing £10 Amazon voucher.



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Year 7

Gabby Cantrell, Zach Fletcher, Karina Gancarz, Kayla Griffiths, Ramona Killen, Stanley Newman, Albert Parrott, Maisey Peters, Jacob Wheeler and Zaylee White

Winner – Ramona

Year 8

Rachel Bird, Ava Donaghy, Amelia Hawkins, Lucas Jiang, Samuel King, Serena Pye and Lola Smithdale

Winner – Samuel

Year 9

Joseph Cartwright, Aiden Denwood, Demi Merrick, Joshua Minks, Isabelle Partridge, Ty-James Robey and Marika Wrembel

Winner – Aiden

Year 10

Ben Brading, Faith Bunce, Alfie Day, Flynn Eyre, Samuel Kettle, George McDougall, Isabel Skinner, Alfie Soames, Thomas Stacey and Sam Whitfield

Winner – Isabel

