

Clacton County High School Sigma Sixth Tendring Weekly News



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Learning on Location - Year 7 Gain an Insight into the Sikh Religion

Recently a number of our Year 7 students travelled to the London Sikh Centre, for a special 'Learning on Location' visit to help support their work on Sikhism. The trip to the Ealing Gurdwara, was a fantastic opportunity for the students to understand how different religions conduct their worship and was a real eyeopening experience for them all. Sikhs believe in the oneness of all beings and the equality of everyone. Sikhs worship one God; Guru Nanak, and are taught that one must honour God by honouring others and the Earth; God's creation. Students were



invited to remove shoes and don head coverings in order to enter the sacred space of the Gurdwara to experience being in the presence of the Guru Granth Sahib; the sacred text of the Sikh community, and the embodiment of the Guru. Unlike the Bible or other sacred texts, the Guru Granth Sahib is not a history or even a story; it is a compilation of the devotional writings, poetry and hymns of seven of the Sikh Gurus and of Sikh, Sufi, Hindu and Muslim saints.







The sacred book was on view at the front of the room, on a raised throne-like platform richly decorated with a dark blue cloth. Students learnt about the religion and how Sikhs conduct their lives, helping anyone in distress and how they donate a proportion of their salaries to the Gurdwara or those who need financial support. The lesson included details about the ten Sikh Gurus, who were the first ten leaders of Sikhism, founded in India. The Sikh scripture, the Guru Granth Sahib, is referred to as the Final Guru. As is the Sikh tradition, everyone welcomed into the Gurdwara is offered a meal, and after a tour of the sacred hall, the students and staff were asked to partake in the generous Langar meal, prepared by their Sikh hosts. A second trip to the London Sikh Centre takes place in a couple of weeks, so more of our Year 7 students can experience the Sikh religion first hand. Our thanks and gratitude go to our welcoming and attentive hosts on the day.

PROUD+ Rewards

Congratulations to all those students who recently collected their PROUD+ Rewards 'purchases' from the PROUD+ Shop. Before Easter, students were able to visit the PROUD Plus virtual shop and spend the points that they had earned across the autumn and spring terms. Students who are 'Opting-in' and excelling in their lessons, are now



busy collecting PROUD+ points throughout the summer term. The number of PROUD+ points, required for 'purchase' of the rewards, has been slashed due to the time available in a single term to clock-up enough PROUD+ Points.

Supporting Primary Tag Rugby

Well done to Year 8 student, Joseph Eames for his contribution to the recent Tendring School's Sport Partnership Tag Rugby Tournament, held at Clacton Rugby Club. Over 150 primary students took part with Joe helping support the rugby coaches in delivering warm-up and skills sessions with children. He then assisted in the running of matches with the Clacton Rugby coaching team. David Williams, Chairman of Clacton Rugby Club's Mini & Youth Section, commented on Joe's commitment and passion for rugby and how fantastic it was to witness him engaging and encouraging the players throughout the tag rugby tournament. We look forward to see Joe's Sport Leadership skills evolve next year in Year 9 Sport Leadership.

Swimmers Shine at Regional Championships

After gaining regional qualifying times at the Essex County Swimming championships earlier this year, two of our talented swimmers have been in action in Luton and Norwich in various regional finals. A few weeks ago, Year 9 student Emily Turner, swam in the Girls 15 Years 100m Breaststroke at Luton Sports Village. After a fantastic swim in the heats, Emily was delighted to qualify as one of the top eight swimmers in the final; eventually finishing in 5th place in the whole of the eastern region. Last weekend she was back in action for the 50m Breaststroke, this time at the University of East Anglia Sportspark, in Norwich. Once again qualifying for the final, Emily went one better, finishing in 4th place overall. In addition, Year 7 student Harry Baucutt, was in action in Norwich, competing in the Boys' 200m Freestyle. After a great swim in the heats, Harry was unfortunate not to qualify for his age group final. This weekend, Harry is back in action, swimming in the eastern region 200m Backstroke – we wish him the best of luck! Both Emily and Harry are members of Clacton Swimming Club and spend many hours in the pool training each week. Well done to them both!

Boys' Under 16 Basketball Squad are Coastal Schools Champions









Last week our Under 13 and Under 16 basketball teams were in action in their respective inter-school championships. The girls were in action in their Coastal Schools tournament at CCHS, whilst the boys travelled to The Colne Community school





for their competition. All our teams were up against Tendring Technology College, The Colne Community School and Harwich and Dovercourt High School their respective tournaments. Both girls' teams had a successful competition with some great team interaction but missed out on a place in the finals.

In the boy's tournament our Under 13 squad had some great games and progressed to the semi-final against Tendring Technology College. A fantastic match ensued with the scores remaining tight throughout, but ended with the CCHS Under 13's in front and through to the final. Another tight game, but this time against Harwich, with victory eventually eluding the CCHS team and Harwich winning 6-2, leaving the CCHS Under 13's as runners-up.







The standard of basketball stepped up in the Under 16 competition with many of the sides fielding club players. The quality of play was outstanding, including the CCHS performance which secured their place in the semi-final against The Colne. In the closest of all the matches their semi-final ended with the scores level, forcing the match into overtime. CCHS managed to secure a place in the final and were straight back on court against Tendring in the toughest match of the competition. As the clock ticked down, CCHS just manged to open up a narrow lead to win the tournament 12-8 in the dying minutes. Well done to all our basketball teams for some fantastic performances.







Celebrating Student Success

Attendance Weekly Golden Ticket Awards

100% Attendance prize draw - one student from each form group wins their form's 'Golden Attendance Ticket', allowing them to skip to the front of the Clouds food servery queue on a day of their choice.

Congratulations to......



Year 7

Samuel Broad, Daina Dickson, Dylan Finch, Ava Gibson, Archie Hill, Brayden Howden, Ava Jarmain, Darcy Jerram, Claudia Millis, Theo Parker, Darcie Saunders and Albert Tom



Year 8

Thomas Arber, Mia Bailey, Ellie Bowman, Callum Cheshire, Emily Dingwall, George Dunn, Kayden Goss, Mia Jarett, Bella Jones, Leah Millier, Bobby Moore Williams and Lillie Taylor



Year 9

Andrea Agyiri-Bosuo, Kieran Burnell, Owen Clark, Alexis Hunt, Max Noble, Ellis Pearson, Lucie Protheroe, Justyna Rycombel, Coby Smith, Finley Smith and Marcin Szydlowski



Year 10

Michael Armstrong, George Barr, Macy Gardner, Connor Griggs, Mitchell Herring, Aaliyah Keely, Eliza Moseley, Bartosz Olejnik, Maisie Palmer-Newton, Charley Probart and Sophie Townsend



Jake Clark, Lily Higgins, Mollie Hogarth, Vinny Lloyd, Ruby Marshall, Sam O'Brien, Rhianna Reeve, Alisha Rowland, Oliver Stevenson and Jack White

Weekly Proud Awards

The top students in each year group who attained the most PROUD+ points last week and also had 100% attendance (listed alphabetically) - Each year group winner collects the top prize of an amazing £10 Amazon voucher.



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Year 7

Madison Brown, Ava Ewer, Archie Hill, Lilly Howden, Anais Kalungwishi, Riley Mason, Lilly Needham, Stanley Newman, Reuben Perry and Albert Tom

Winner - Ava

Year 8

Tahnee Brogan, Tinashe Jayden Chandiwana, Sienna Daniels, Alfie De-Ritter, Xu Yu Dong, Finley Gooding, Reece Goodwin, Lily-Rose Hale, Bella Jones, Alfie Knight, Harrison Murray, Adam Siroki-Szabo and Stanley Webb

Winner - Lily-Rose

Year 10

Katie Baker, Cameron Boon, Matylda Buda, Sky Crofts, Suzanna Deans, Charlotte Finch, Ruby Gallagher, Francis Harvey, Chloe Hill and Albanie Howden

Winner – Matylda

Year 11

Sam Brooker, Harvey Gaze, Thomas Marshall, Elinga Pilipaviciute, Milo Russell, Emma Russell, Daisy Stow and Brooke Warren Winner - Thomas

