



# Clacton County High School

## Sigma Sixth Tending

### Weekly News



[www.countyhigh.org.uk](http://www.countyhigh.org.uk)

[Sigma Sixth](#)

[admin@cchs.school](mailto:admin@cchs.school)

[parentnews@cchs.school](mailto:parentnews@cchs.school)

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### ***Sixth Form Scientists Explore Biology in Action***

This week a number of our Year 12 Biologists had an insight into the world of bio-tech – a relatively new technology using nature to control nature. The group spent the morning at Bioline, the UK branch of a multi-national organisation, based right on their doorstep in Little Clacton. The company is a global organisation that breeds insects that are used in pest control in place of pesticides, primarily for market garden growers of fruit and vegetables across Europe and the USA, but also for producers of ornamental plants and flowers. The aphids and mites that they breed eat or kill the pests that feed on plants, such as green-fly and black-fly, and therefore eradicate the pest within the hot-houses where they are released. The students were given a tour of the facilities and given a full explanation of the breeding process before the eggs, that the breeding aphids and mites lay, are packed and shipped to growers who are using the technology as effective pest control. Research and Quality Control Bio-engineers were on hand to explain how their technology works and showed the students samples of live mites and aphids use as natural test control. The students were amazed at how the theory that they have been learning in class is actually utilised in the real world; some are even contemplating joining their season workforce in the summer, when they have a colossal demand for their biotech insects, during the peak growing season. Many thanks to our hosts at Bioline for their warm welcome and very informative tour and presentations.



### ***Year 11 Footballers Final Match @ CCHS***

Last week our Year 11 football squad took to the field for their 3<sup>rd</sup> round match in the Essex Schools FA U16 Cup against Joyce Frankland Academy from Saffron Walden, with a place in the quarter-finals at stake. If they were knocked out this would be the team's final game together. The two closely matched teams battled it out until CCHS broke the deadlock with just ten minutes of normal time remaining. As the seconds ticked away, and the reality of being knocked out of the cup, the opposition doubled their efforts which soon paid-off, equalising in the dying minutes. Having just scored, Joyce Frankland had the psychological advantage as the game continued into extra time, scoring in the opening minutes to take a 2-1 lead. The CCHS squad were not prepared to concede the game, after having had their advantage removed, and in the dying seconds equalised with a fantastic corner kick that landed on the head of Oliver who slotted the ball into the back of the Joyce Frankland net. Penalties ensued and although the CCHS boys started well, they then failed to find the back of the net for a number of crucial shots; eventually losing the penalty shoot-out four goals to two.



The CCHS Year 11 squad completed their final match and were disappointed not to be progressing in the cup competition, however they took pride in their performance and their fantastic journey since forming life-long relationships five years ago when they first took to field as the new Year 7 football squad – well done boys!

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## Half-Term & Non-Pupil Day – 26<sup>th</sup> February

We are nearly halfway through this academic year and finish for the half-term holiday next Friday, 16<sup>th</sup> February - School finishes at the usual time after Lesson 4 at 3.10pm.

Following the week-long break there is an additional day of holiday for students on Monday, 26<sup>th</sup> February. This is one of our planned non-pupil days for staff training, in conjunction with all the other Sigma Trust schools.

**Students return to school for the second half of the spring term on Tuesday, 27<sup>th</sup> February ready for an 8.45am start.**



## Safer Internet Day – Tuesday 6<sup>th</sup> February

This week's Safer Internet Day focused on **'Together for a Better Internet'** – from gaming and chat, to streaming and video, young people are shaping the interactive entertainment spaces they are a part of. Safer Internet Day 2024 is encouraging everyone to utilise the internet's potential of bringing people together. Everyone has a role to play in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers. Safer Internet Day inspires a national conversation about using technology responsibly, respectfully, critically, and creatively. Coordinated in the UK by the UK Safer Internet Centre, the celebration sees thousands of organisations get involved to promote the safe, responsible and positive use of digital technology for children and young people, all they ask is that everyone takes time to listen to children and young people and make a positive change together.

Parents and carers play a crucial role in empowering and supporting their children to use digital technologies responsibly, respectfully, critically and creatively. Parental influence, guidance and education have a significant and long-lasting impact on children's safety and wellbeing in the online world. There are plenty of ways to still participate in Safer Internet Day, whether it is ensuring an open dialogue with your children, educating them to use digital technologies safely and positively or acting as digital role models for them.

National Online Safety have produced a special publication ahead of 'Safer Internet Day', entitled **'Tips for Encouraging Open Discussions about Digital Lives'** to help kick-start these important conversations within families; see more of their helpful - 'What Parents and Carers Need to Know About.....' guides on our [e-Safety webpage](#)

**Want to talk about it? Making space for conversations about life online**



### Students - Safer Internet Day Top Tips

#### Using your actions and words with care

What you do, say and share online can have a big impact on the way other people feel, as well as how others perceive you. When emotions are high, take a moment to reflect and continue when you're feeling calmer.

#### Building healthy relationships

Listen to and support your friends both online and offline by respecting their boundaries and treating them with kindness.

Look out for signs of an unhealthy relationship – if someone is pressuring you, is dishonest, or makes you feel uncomfortable, know that you can always talk to an adult or friend you trust.

#### Being an upstander when you see bullying, harassment or hate.

By using reporting tools or speaking out if you feel able to do so, you can offer support to the victims of these behaviours. This can help people to feel less alone and can encourage them to seek further assistance if they need it. Keeping a look out for suspicious information and people online.

#### Knowing it's never too late to talk to an adult about something you're experiencing online.

Even if you're worried it might be uncomfortable, or you think you've done something wrong, speaking to someone is the first step in getting support and moving forward.

Further top tips for students and where they can seek support if something goes wrong, can be found on the [Safer Internet Day Students' webpage](#)

**Want to talk about it?**

Making space for conversations about life online



### Parents - Safer Internet Day Top Tips

#### Having conversations without judgement

- Whether by playing games, watching videos, or doing things your child enjoys, spending time together online is a great way to start conversations about the online world and how they're finding being a part of it.
- It is important to ask questions and take an interest in what your child enjoys online.
- An essential part of having this open dialogue is to not judge, even if their behaviour or life online isn't what you wanted or expected. This ensures that your child feels they can come to you if ever they make a mistake or experience a problem online.

Further top tips for parents and where they can seek support if something goes wrong, can be found on [the Safer Internet Day Parents' webpage](#)



## **Celebrating Student Success**

### **Attendance Weekly Golden Ticket Awards**

100% Attendance prize draw - one student from each form group wins their form's 'Golden Attendance Ticket', allowing them to skip to the front of the Clouds food servery queue on a day of their choice.

**Congratulations to.....**



#### **Year 7**

Luke Cant, Mia-Louise Crowhurst, Lilly Edwards, Millie Henshaw, Jessica Linsey, Isabela Mills, Lilly Needham, Reuben Perry, Maya Sliney, Maizie Smith, Max Stevens and Evie Verbaan



#### **Year 8**

Shardai Chambers-England, Dale Storkey, Imani Young, Alfie Knight, Connie Aldous, Amelia Lincoln, Muhammad Ashraf, Callum Cheshire, Finley Coburn, George Jarman, Mia Jarrett and Jack White



#### **Year 9**

Tommy Batchelor, Leighton Brinkley, Harvey Caines, Amelia Norris, Kai Sneddon, Xavier Tucker, Finley Turner, Tamsin Vaughan, Roman Wallace, Laura Warlow and Logan Williams



#### **Year 11**

Miles Austen, Harley Farrin, Bailey Haines, Charlie Hunt, Ellie Pinnegar, Tao Revell, Ben Riley, Jaya Ruddy, Milo Russell and Adam Taylor

### **Weekly Proud Awards**

The top students in each year group who attained the most PROUD+ points last week and also had 100% attendance (listed alphabetically) – Each year group winner collects the top prize of an amazing £10 Amazon voucher.



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#### **Year 7**

Gabby Cantrell, Harry Cox, Kareem Edwards, Zach Fletcher, Frankie McDougall, Stanley Newman, Erin Partridge, Lacey Stevens, Finley Ward and Harry Wood

**Winner** – Harry

#### **Year 8**

Tinashe Jayden Chandiwana, Kyle Edwards, George Hall, Rhys Hayles, Laura Kedge, Serena Pye, Luke Roberts, Caleb Round, Zac Russell, Adam Siroki-Szabo, Stanley Webb and Hayden Welsh

**Winner** - Rhys

#### **Year 9**

Aiden Denwood, Leo Goldstein, Frankie Millar, Olivia Nundy, Ty-James Robey, Tilly-Jane Tomkins, Maia Williams and Logan Williams

**Winner** – Maia

#### **Year 11**

Tiffany Ball, Tayla Beaver, Chloe Chan, Samiha Chowdhury, Abigail Cooper, Simon Liu, Honey Reeve, Cabhan Steele, Zoe Stockwell, Adam Taylor, Luke Willis, Josh Wood and Nathan Wright

**Winner** – Josh