



Clacton County High School

Walton Road, Clacton-on-Sea, Essex. CO15 6DZ
Tel: 01255 424266 e-mail: admin@cchs.school

Higher Expectations, Raising Aspirations, Transforming Lives

Our reference: FCOLET14/LH

3rd May 2022

Dear Parent/Carer

I am pleased to inform you that in addition to our PROUD curriculum, we are continuing to put in place a floating lesson to deliver Relationships, Sex and Health Education (RSHE) across the school. During these lessons, all students will be taught RSHE instead of their current timetabled lesson. The purpose of this is to be able to deliver the statutory requirements for Personal, Social, Health and Economic Education (PSHE) and also Relationships, Sex and Health Education (RSHE) within school.

Each year group has a bespoke curriculum and is another opportunity for students to acquire information, develop skills and positive beliefs, values and attitudes with regards to healthy relationships and sex. The lessons are taught at an age appropriate level, in a safe environment where students can ask questions, and ultimately be equipped to live safe, fulfilled and healthy lives.

These sessions will also promote the spiritual, moral, cultural, emotional and physical development of pupils at the school and of society, and will endeavour to prepare pupils for the opportunities, responsibilities and experiences of later life.

This term, students in Year 9 will focus on contraception and will cover the following learning objectives as part of their curriculum:

- The facts about the full range of contraceptive choices, efficacy and options available
- The importance of following a five-step approach to stay safe and protected if choosing to use a condom. This will involve a practical session whereby students will be given the opportunity to practise putting a condom on a condom demonstrator

This term the topics that will be covered in Year 9 for PROUD are:

- **Being Safe** - Gambling awareness (delivered by an external speaker)
- **Being Safe** - Knowledge of, and laws relating to female genital mutilation, and how this can affect current and future relationships (delivered by an External speaker)
- **Understanding the Law** - Hate Crime and Racism (delivered by an external speaker)

If you have any questions, or wish to learn more about the PHSE or RSHE curriculum, including specifics of the topics, please contact me at the school via admin@cchs.school

Yours sincerely

Fiona Cook
Assistant Headteacher