



Clacton County High School

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Higher Expectations, Raising Aspirations, Transforming Lives

Our reference: FCOLET13/LH

3rd May 2022

Dear Parent/Carer

I am pleased to inform you that in addition to our PROUD curriculum, we are continuing to put in place a floating lesson to deliver Relationships, Sex and Health Education (RSHE) across the school. During these lessons, all students will be taught RSHE instead of their current timetabled lesson. The purpose of this is to be able to deliver the statutory requirements for Personal, Social, Health and Economic Education (PSHE) and also Relationships, Sex and Health Education (RSHE) within school.

Each year group has a bespoke curriculum and is another opportunity for students to acquire information, develop skills and positive beliefs, values and attitudes with regards to healthy relationships and sex. The lessons are taught at an age appropriate level, in a safe environment where students can ask questions, and ultimately be equipped to live safe, fulfilled and healthy lives.

These sessions will also promote the spiritual, moral, cultural, emotional and physical development of pupils at the school and of society, and will endeavour to prepare pupils for the opportunities, responsibilities and experiences of later life.

This term the topics that will be covered in Year 8 for RSHE are:

Respectful relationships:

- Practical steps they can take in a range of different contexts to improve or support respectful relationships, including a knowledge and understanding of the following terms:
 - What Transgender and Non-Binary mean
 - The difference between gender and sex
 - That sexual orientation and gender identity have nothing to do with each other
- How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g., how they might normalise non-consensual behaviour or encourage prejudice)

This term the topics that will be covered in Year 8 for PROUD are:

- **Drug Education** - Exploring the ethical issues surrounding animal testing
- **Staying Safe** - Tendring Youth Strategy Group together with Essex Youth Service have commissioned N-Act to perform their drama production 'Friend' based around knife crime and gang culture. This production, alongside an opportunity for student Q&A will be shown to all Year 8 students.
- **Understanding the Law** - Hate Crime and Racism (delivered by External speakers)

If you have any questions, or wish to learn more about the PHSE or RSHE curriculum, including specifics of the topics, please contact me at the school via admin@cchs.school

Yours sincerely

Fiona Cook
Assistant Headteacher