



Clacton County High School

Walton Road, Clacton-on-Sea, Essex. CO15 6DZ
Tel: 01255 424266 e-mail: admin@cchs.school

Higher Expectations, Raising Aspirations, Transforming Lives

Our reference: FCOLET11/LH

9th February 2022

Dear Parent/Carer

Re: THE PSHE & RSHE CURRICULUM @ CCHS

I am writing to provide you with information on our PSHE and RSE curriculum. PSHE is made up of Relationships, Sex and Health Education (RSHE) which is statutory, as well as our CCHS PROUD lessons which cover topics such as careers, economic wellbeing and being part of a community. This subject area helps prepare our students; your children, for their futures in so many senses and promotes the importance of staying safe, remaining healthy and fulfilling their aspirations both personally and professionally.

A review of the current PSHE curriculum and policy is taking place through our PROUD and RSHE lessons to ensure that our provision remains relevant for life in today's modern Britain and appropriate for our students based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and/or disabilities (SEND)

The following link - [Understanding Relationships, Sex and Health Education - a guide for parents](#) is included for your information. As a school we are committed to working in partnership with our parents and we hope that by keeping you informed of the topics covered through the PSHE curriculum, it will open the channels for continued conversations at home. It is important for parents and children to share and discuss views, suggestions and opinions.

In addition, PROUD and RSHE lessons will be saved on Google Classrooms and, along with students, parents can access the lessons and keep up to date with their child's learning across these subject areas.

If you would like any additional information or to speak with me directly regarding the PSHE curriculum, please email admin@cchs.school and I will contact you directly by return. We have also organised an information sharing session for parents on Tuesday, 1st March at 3.30pm and in order that we can prepare appropriately for the session, please confirm your attendance via this [google form](#).

Yours sincerely

Mrs F Cook
Assistant Headteacher