



Our reference: FCOLET10/LH

16th December 2021

Dear Parent/Carer

I am pleased to inform you that in addition to our PROUD curriculum, we are continuing to put in place a floating lesson to deliver Relationships, Sex and Health Education (RSHE) across the school. During these lessons, all students will be taught RSE instead of their current timetabled lesson. The purpose of this is to be able to deliver the statutory requirements for Personal, Social, Health and Economic Education (PSHE) and also Relationships, Sex and Health Education (RSHE) within school.

Each year group has a bespoke curriculum and is another opportunity for students to acquire information, develop skills and positive beliefs, values and attitudes with regards to healthy relationships and sex. The lessons are taught at an age appropriate level, in a safe environment where students can ask questions, and ultimately be equipped to live safe, fulfilled and healthy lives.

These sessions will also promote the spiritual, moral, cultural, emotional and physical development of students at the school and of society, and will endeavour to prepare students for the opportunities, responsibilities and experiences of later life.

This term, students in Year 11 will focus on the dangers of pornography and will cover the following learning objectives as part of their curriculum:

- Know about the impact of viewing harmful content.
- Understand that specifically sexually explicit material, e.g. pornography, presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.
- Be aware that sharing and viewing indecent images of children is a criminal offence which carries severe penalties, including prison.

This term the topics that will be covered in Year 11 for PROUD are:

- External speakers focusing on exam skills and raising motivation.
- Critical thinking - students will learn the ability to reason and logic to unfamiliar ideas, opinions and situations.
- CPR - students will learn how to administer CPR and the purpose of defibrillators and when one might be needed.
- Employability - students will learn what skills are desirable for employers and how they can develop these skills in other aspects of their life.

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If you have any questions, or wish to learn more about the PHSE or RSHE curriculum, including specifics of the topics, or copies of any of the teaching resources to be used, please contact the school via admin@cchs.school

Yours sincerely

Fiona Cook

Assistant Head teacher